

# Mental Health Gateway Services

Health Overview and Scrutiny Committee July 2016

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# National Context; Implications for NHS South Cheshire CCG



# The Five Year Forward View Mental Health Taskforce:

public engagement findings



A report from the independent Mental Health Taskforce to the NHS in England  
September 2015



# What is the health need in South Cheshire? (mild to moderate mental health)

- In South Cheshire 17,720 people a year expected to experience low level mental health needs
- Improving Access to Psychological Therapies (IAPT) target are expected to work with 2,658 (15%) of this group
- This leaves a gap in provision for over 15,000 people



# Current Services in NHS South Cheshire CCG

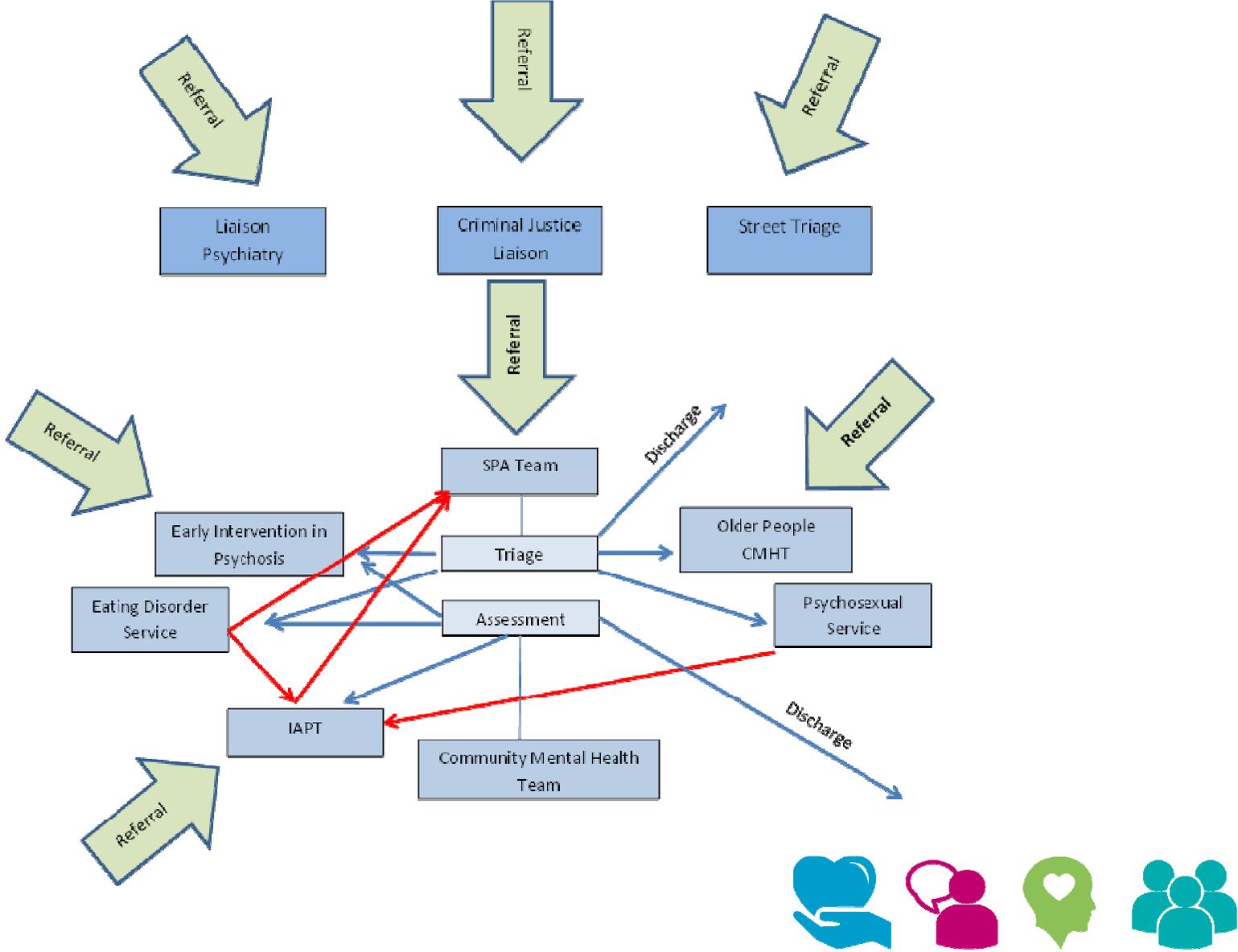


# What was available in South Cheshire?

- Mental Health IAPT services providing “Talking Therapies” for the treatment of specific mild – moderate mental health difficulties
- Secondary Care specialist Mental Health services designed for people experiencing severe Mental Health difficulties often of an enduring nature
- Limited primary care support resulting in people not receiving appropriate treatment resulting in pressures on all part of the health and social care system



# Existing Pathways



## The South Cheshire Single Point of Access (SPA) team

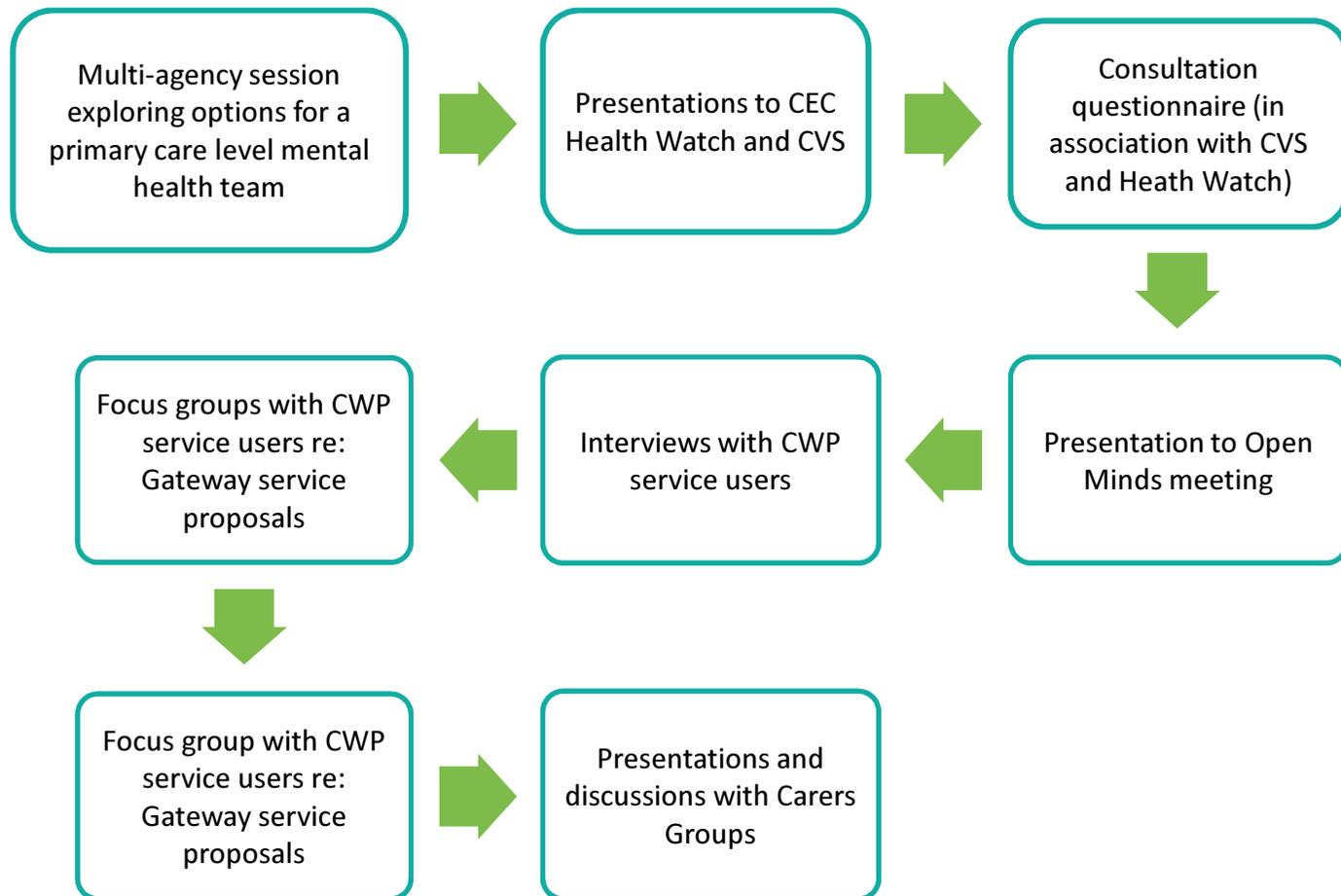
- The SPA team is currently the point of access to **secondary care mental health services**
- It was developed as part of a Community Service redesign by Cheshire and Wirral Partnership Trust in 2013 in conjunction with Cheshire East Council
- Aims to provide assessment and if required a brief intervention for people with a severe mental illness who didn't need on-going care coordination within the community team
- It was designed to have staff available to respond promptly to people in crisis



# Service Development: 12 months Extensive Engagement



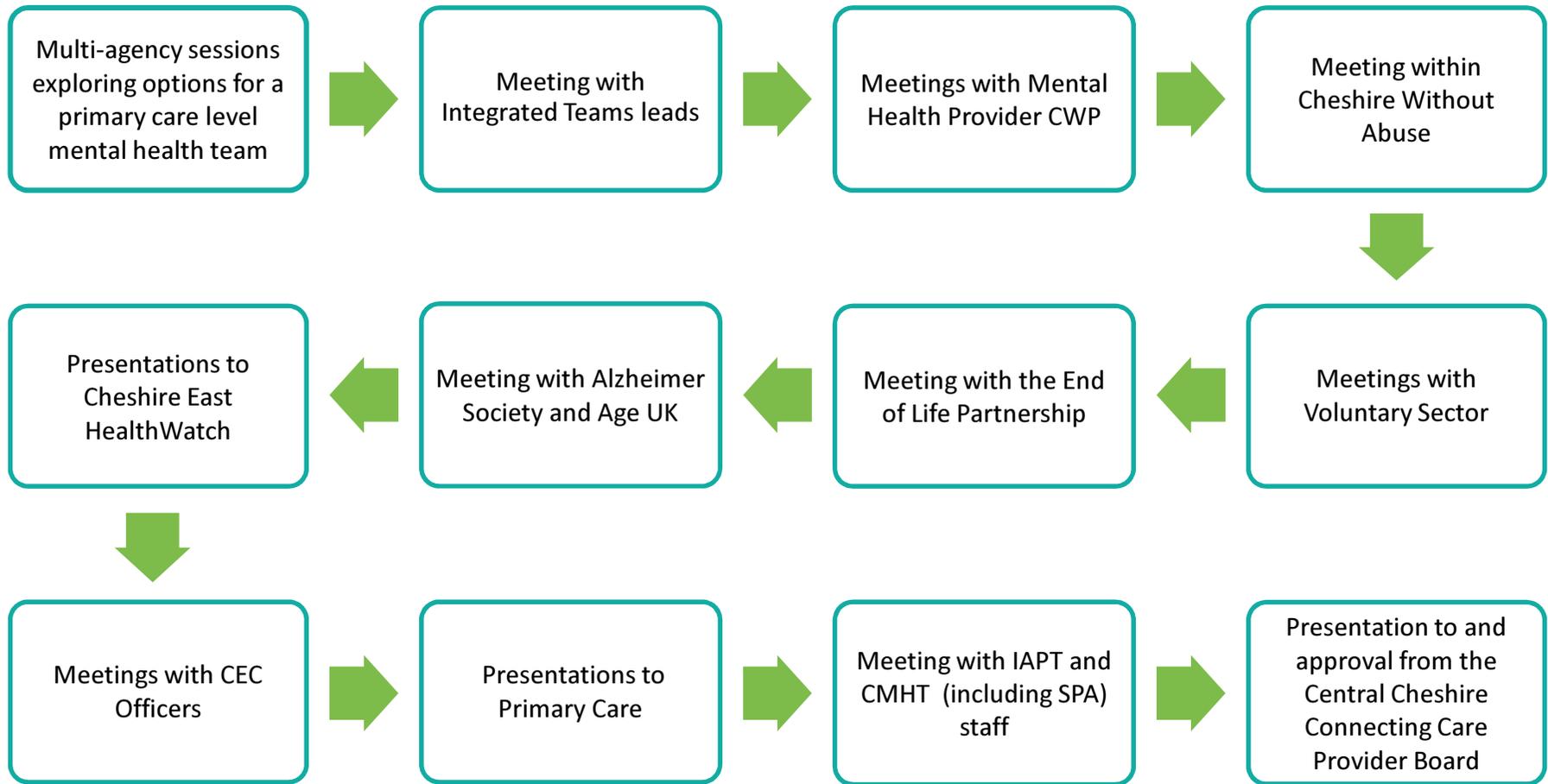
# Extensive service user consultation and engagement



# Service user feedback...



# Gateway Model Development



# New Models of Care



# NHS South Cheshire CCGs' Mental Health Gateway Service

- Operates in Primary Care
- Is for people suffering from a mild – moderate mental health difficulty;
- Meets the needs of a group of people whose mental health difficulties are not of the severity to access already commissioned services;
- Acts as a single point of access for referrers and patients for easier navigation of the 'system' that includes statutory and third sector agencies.

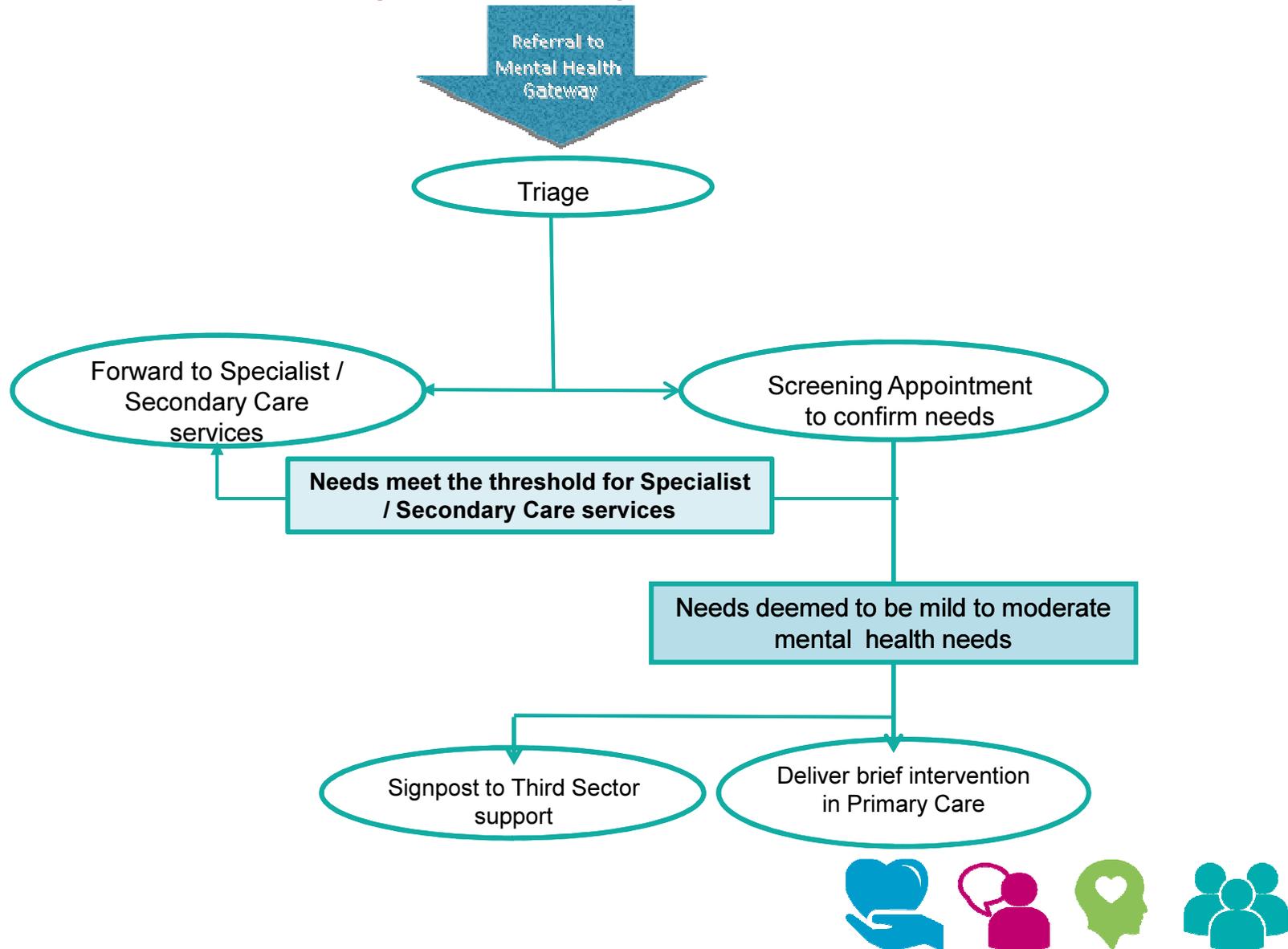


# South Cheshire's Mental Health Gateway Service

- The team is part of primary care; there are no access criteria and no thresholds and no referral back.
- Has a nurse linked to each Primary Care Peer Group
- Provides a single point of referral; is inclusive, patient defined and patient centred.
- Passes referrals identified for other services (i.e SPA) on within 2 hours
- Provides a goal focused assessment and Signposts to third sector agencies; or provides a package of brief intervention



# The New Gateway pathway



# Mental Health Gateway service

- Connecting Care principle of right care, right place right time
- Proportionate assessments of need in both physical and mental health
- Care managed as close to home as possible.
- Parity of esteem and reducing stigma.
- On-going commitment to develop integrated services with Cheshire East Council

